EMPLOYEES: MANAGING CAREER GROWTH

Employees, feeling stuck? Use this guide to help enhance your career advancement at Kaiser Permanente.

	CHALLENGE	SOLUTION	ACTIONS
SET EXPECTATIONS	WANT MORE EDUCATION?	Use your educational benefits.	 » Eligible KP employees can use tuition reimbursement (kpcareerplanning.org) and take KP Learn courses (learn.kp.org). » Partnership union members can use education trust services: Ben Hudnall Memorial Trust (bhmt.org) or SEIU UHW-West & Joint Employer Education Fund (theedfund.org) offers career counseling, degree programs, skills enhancement and training programs. » Represented employees may be eligible for education leave. See labor contracts for details on this and other educational benefit criteria.
	NEED MORE EXPERIENCE?	Participate in a training program to gain experience.	 » Visit the experience programs page at <u>kpcareerplanning.org/experience</u> for a guide to apprenticeships, fellowships and other programs. » Ask your manager whether there's a training program to help gain experience in your field of interest. » Contact your local union representative to inquire about workforce development opportunities (<u>LMPartnership.org/about/whos-who/staff-directories/local-unions</u>) or ask your manager to contact your regional Workforce Planning and Development (WFPD) committee about starting a program (<u>kpcareerplanning.org/prd/contact_us.php</u>).
	LOOKING TO GAIN MORE EXPOSURE?	Demonstrate your ability.	 » Ask for high-visibility projects. » Volunteer at <u>kpcares.org</u>. » Network. » Join an employee association such as the KP African American Professional Association (<u>kp.diverst.com/user/groups</u>).
	LOOKING TO IMPROVE YOUR INTERVIEWING SKILLS?	Develop your soft skills.	 » Partnership union members can talk with a trust fund career counselor (<u>bhmt.org/career-coaching</u>, <u>theedfund.org/cc</u>). » Take KP Learn courses (<u>learn.kp.org</u>). » Practice interviewing (<u>kpcareerplanning.org/prd/interview_guidelines.php</u>). » Find a mentor (<u>kpmentoring.org</u>).
	FACING LIMITED OPPORTUNITIES WITH YOUR SCHEDULE?	Change your shift, hours or location.	 Prioritize what matters most to you — a new position may involve sacrifices over shift/location. Explore career paths at <u>kpcareerplanning.org/paths</u>. Search job openings at <u>kpcareers.org</u>.



